



Welcome!

Counselor: **Bridget Borsdorf, MA, LPC**
303.499.0844 x704
bridget@thebridgecenterforplaytherapy.com

Philosophy & Approach:

I specialize in working with parents to create an authentic relationship with their children or children who are expressing big emotions. My approach is collaborative in finding what strategies and tools fit with your family and your unique child. Through using our Transformative Therapy Model and Conscious Discipline parents, I work with find greater confidence in their approach to parenting. Additionally, I supervise our team of therapists in building their ability to utilize the Transformative Model approach within play therapy. I am passionate and committed to providing fast-paced growth. I believe that emotions and false perceptions are at the core of our struggles. Building emotional awareness helps us to recognize that these struggles are opportunities to evolve.

Education & Training:

M.A. in Clinical Mental Health	2012
American School of Professional Psychology	
B.A. in Sociology	2007
North Central College	
Certificate in Attachment Based Play Therapy	2013
Boulder Center for Play Therapy	
Certificate in Synergetic Play Therapy	2015
Play Therapy Institute	
Completion of 20-hour Transformative Therapy Training	2015
Conscious Discipline Parent Training Facilitator	2020-present

Core Competencies:

Attachment	Parenting	ADHD/ADD
Exceptional Children	Aggressive Behaviors	Conscious Discipline
Consultation and Supervision		

Supervision & Licensure:

Bridge Center Supervisor	2014-present
Licensed Professional Counselor	2014-present
License #: LPC.0011946	
LPC Supervision and Training Course	2021
Colorado Counseling Association	